# **Bureau of Elder and Adult Services Alphabetical Listing of Agencies**

Agency	State	Federal	Other	Total
Aroostook Area Agency on Aging	\$292,132	\$690,191	\$0	\$982,323
Aroostook Home Health Services	\$527,875	\$0	\$0	\$527,875
Bar Harbor Housing Authority	\$42,683	\$0	\$0	\$42,683
Brunswick Housing Authority	\$34,290	\$0	\$0	\$34,290
Central Area Agency on Aging	\$384,418	\$1,680,481	\$0	\$2,064,899
Coastal Community Action Program	\$15,000	\$0	\$0	\$15,000
Cumberland County Training Resource Center	\$0	\$232,148	\$0	\$232,148
Eastern Agency on Aging	\$379,616	\$1,269,786	\$0	\$1,649,402
GHS Data Management *	\$1,819,654	\$1,128,890	\$0	\$2,948,544
HealthReach Network	\$15,000	\$0	\$0	\$15,000
Home Resources Maine	\$1,844,595	\$0	\$0	\$1,844,595
Legal Services for the Elderly, Inc.	\$204,624	\$102,748	\$0	\$307,372
Long Term Care Ombudsman Program	\$242,465	\$386,024	\$0	\$628,489
Methodist Conference Home	\$9,000	\$0	\$0	\$9,000
Occupational Therapy Consultation and Rehabilitation Services, Inc.	\$64,500	\$0	\$0	\$64,500
Penquis Community Action Program	\$15,000	\$0	\$0	
People's Regional Opportunity Program	\$15,000		\$0	\$15,000
SeniorsPlus **	\$9,006,463	\$1,011,200	\$0	\$10,017,663
Southern Maine Area Agency on Aging	\$754,652	\$1,697,824	\$0	\$2,452,476
Training and Development Corporation	\$0	\$81,895	\$0	\$81,895
University of Maine Center on Aging	\$15,000	\$0	\$0	\$15,000
University of Maine Cooperative Extension	\$15,000	\$0	\$0	\$15,000
Waldo Community Action Partners	\$0	\$81,894	\$0	\$81,894
Westbrook Housing Authority	\$22,000	\$0	\$0	\$22,000
Bureau of Elder and Adult Services Total	\$15,718,967	\$8,363,081	\$0	\$24,082,048

<sup>\*</sup>Long-term Care - Assessing Services includes contracted Federal Medicaid funds
\*\*In addition to the funds above, Home Care Coordination and In-home Support Services will
also generate a projected \$27,845,577 in MaineCare reimbursement, from the waiver for the
elderly and adults with disabilities and the Private Duty Nursing option under the State
MaineCare Plan.

# **Bureau of Elder and Adult Services Summary**

Service Area	State	Federal	Other	Total
Adult Day Service	\$49,734	\$1,270	\$0	\$51,004
Alzheimer's Support Services	\$0	\$12,000	\$0	\$12,000
Area Agency on Aging - Advocacy & Outreach	\$387,728	\$1,469,844	\$0	\$1,857,572
Area Agency on Aging - Community Education	\$19,242	\$195,931	\$0	\$215,173
Area Agency on Aging - Family Caregiver	\$122,738	\$661,453	\$0	\$784,191
Area Agency on Aging - Legal Assistance	\$3,378	\$157,247	\$0	\$160,625
Area Agency on Aging - Nutrition	\$272,290	\$3,564,450	\$0	\$3,836,740
Area Agency on Aging - State Alzheimer's Respite	\$505,362			
Area Agency on Aging - Transportation	\$129	· · ·		· '
Assisted Housing Programs	\$625,743	\$0	\$0	\$625,743
Home Care Coordination & In-Home Support Services* Homemaker Services	\$8,637,739 \$2,372,470			
Legal Services	\$204,624	·	· ·	
Long Term Care - Assessing Services **		\$1,116,890		
Long Term Care Ombudsman Program	\$242,465	\$386,024	\$0	\$628,489
Senior Community Service Employment Program	\$0	\$540,827	\$0	\$540,827
Supportive Services for Adult Services Clients	\$313,044	\$0	\$0	\$313,044
Volunteer Services	\$142,627	\$50,292	\$0	\$192,919
Purpose of Elder and Adult Services Total	¢15 710 067	¢0 262 004	<b>P</b> O	¢24 092 049
Bureau of Elder and Adult Services Total	\$15,718,967	<del>\$</del> 0,303,081	\$0	\$24,082,048

<sup>\*</sup> In addition to the funds above, Home Care Coordination and In-home Support Services will also generate a projected \$27,845,577 in MaineCare reimbursement, from the waiver for the elderly and adults with disabilities and the Private Duty Nursing option under the State MaineCare Plan.

<sup>\*\*</sup>Long-term Care - Assessing Services includes contracted Federal Medicaid funds

## **Bureau of Elder and Adult Services**

## **Adult Day Service**

Adult day service means a program licenses as either an Adult Day Social or Adult Day Health Service Program, for consumers who meet the financial and functional eligibility. Activities and services are available for several hours per day, designed to provide older persons with opportunities for active participation in constructive social and leisure time experience as well as health monitoring, directed at maintaining and/or improving personal and social functioning, and minimizing isolation and providing respite to family caregivers. Covered services are based on functional eligibility, and may include limited or more extensive assistance with activities of daily living, snacks and a meal; socialization and therapeutic activities; and health monitoring and medication administration. Services are individualized based on needs identified in a care plan. In addition, \$321,749 State funds are available for ADS programs statewide, on individual consumer prior-approved basis; requests approved by BEAS central office.

Agency	Region	State	Federal	Other	Total
Southern Maine Area Agency on Aging	I	\$49,734	\$1,270	\$0	\$51,004
Total		\$49,734	\$1,270	\$0	\$51,004

#### **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$51,004	100.0%	\$0
Region II	500,745	39.3%	\$0	0.0%	\$56,464
Region III	321,824	25.2%	\$0	0.0%	\$36,206
Total	1,274,923	100%	\$51,004	100%	\$92,669

## **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over. The area agencies on aging then establish service priorities based on a regional needs assessment and an area plan approved by the Bureau.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## **Alzheimer's Support Services**

The Maine Alzheimer's Project is a federally funded three-year research and demonstration grant from the Administration on Aging, to increase access to an array of services provided to caregivers of people with Alzheimer's disease throughout the state. The Project also promotes collaboration between providers within Maine's Home and Community Based Care System, the aging network and other projects funded by federal funds called the Real Choice System Change Initiatives. The outcomes proposed include increasing the numbers of caregivers receiving companion services, mental health counseling and hospice services and reducing the degree of caregiver burden, stress and depression. The Alzheimer's Association, Maine Chapter, will conduct a needs assessment to assess and plan for the needs of the ethnic and minority population in Maine. Using a combination of state and federal funds, training will be provided throughout the state to long-term care and community based providers on caring for someone with Alzheimer's disease, and sites trained will receive assistance with implementation of the Best Friends Approach to Alzheimer's Care.

These funds are also used to partially fund a staff person at each area agency on aging to coordinate the state respite program and provide information, education, and support to family caregivers. Respite services are available through a state-funded program administered by the five area agencies on aging. (These funds are reported under the AAA-State Alzheimer Respite section.) With project funds, mental health services will also be made available to caregivers identified by a screening tool as being depressed. A cooperative agreement with the Muskie School at USM provides for the project administration, data analysis, and evaluation.

In addition to the one contract currently completed with GHS Data Management, eight contracts and/or cooperative agreements are at various stages of being drafted through amendment to existing contracts or awaiting appropriate signatures. A complete picture of the funding includes: Aroostook AAA \$16,000; Alzheimer's Association \$10,000; Central AAA \$16,000; Eastern AAA \$16,000; ME PASA \$5,000; Muskie School, USM \$244,049; SeniorsPlus/EIM division \$133,386; Southern AAA \$16,000.

Agency	Region	State	Federal	Other	Total
GHS Data Management	Statewide	\$0	\$12,000	\$0	\$12,000
Total		\$0	\$12,000	\$0	\$12,000

#### **Funding Schemer:**

These Federal funds are distributed based on initial Request for Proposal process.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.
- \*New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### Area Agency on Aging - Advocacy & Outreach

Each area agency on aging provides information and referral, advocacy, outreach, health insurance counseling services and education about Medicare to maintain vital links between consumers and needed services. Outreach, intake and referral services include the effort to identify unserved older people in need, especially those in greatest social and economic need and those in rural areas, to inform them of available resources and services, assess their needs, refer to other agencies as appropriate, and to assist and advocate for them in gaining access to needed services and entitlement programs.

This service area includes the Maine Medicare Education Partnership, which seeks to educate consumers and family members about Medicare and MaineCare, and how they can help identify and reduce fraud, waste, abuse, and errors. The State Health Insurance Assistance Program (SHIP) provides health insurance training and education workshops for older people and the general public, as well as individual counseling and health policy review. Funds of the Older Americans Act Title IIIB are used for these services.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$41,795	\$118,465	\$0	\$160,260
Central Area Agency on Aging	II	\$131,651	\$517,103	\$0	\$648,754
Eastern Agency on Aging	III	\$50,227	\$225,484	\$0	\$275,711
SeniorsPlus	I	\$86,776	\$264,645	\$0	\$351,421
Southern Maine Area Agency on Aging	I	\$77,279	\$344,147	\$0	\$421,426
Total		\$387,728	\$1,469,844	\$0	\$1,857,572

#### **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$772,847	41.6%	\$0
Region II	500,745	39.3%	\$648,754	34.9%	\$206,769
Region III		25.2%		23.5%	
Total	1,274,923	100%			

#### **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over.

#### **Outstanding Service Needs:**

Advocacy and Outreach to older persons about services is a growing need as the population of older persons increases. The complexity of programs serving older persons also continues to increase; for example, Medicare, Medigap, and MaineCare. Advocates at the five area agencies on aging help older persons navigate their way through complicated systems in order to receive services to improve their health, financial and emotional well being. This service has not seen a substantive increase in State or Federal funding for decades. State funding, totaling \$50,000, a 14% increase, would be needed to increase the hours of advocates at the area agencies on aging so they could better serve older persons.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.
- \*New/outstanding needs: It is recommended that new funding be allocated to address outstanding needs.

#### **Bureau of Elder and Adult Services**

## **Area Agency on Aging - Community Education**

Community Education activities involve efforts to increase public awareness about the area agency on aging and its services, as well as the needs of older people and issues affecting them. Activities may include preparing printed materials, appearing on television or radio programs, or holding conferences, training programs, and health and information fairs.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$0	\$31,000	\$0	\$31,000
Central Area Agency on Aging	II	\$0	\$22,432	\$0	\$22,432
Eastern Agency on Aging	III	\$7,136	\$73,748	\$0	\$80,884
SeniorsPlus	I	\$12,106	\$50,000	\$0	\$62,106
Southern Maine Area Agency on Aging	I	\$0	\$18,751	\$0	\$18,751
Total		\$19,242	\$195,931	\$0	\$215,173

## **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$80,857	37.6%	\$76,407
Region II	500,745	39.3%	\$22,432	10.4%	\$151,655
Region III	321,824	25.2%	\$111,884	52.0%	
Total	1,274,923	100%			

#### **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over. The area agencies on aging then establish service priorities based on a regional needs assessment and an area plan approved by the Bureau.

#### **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## Area Agency on Aging - Family Caregiver

The Family Caregiver Support Program provides support services for family caregivers and grandparents or older individuals who are relative caregivers. The support services include information, assistance, individual counseling, organization of support groups, caregiver training, respite care, and supplemental services on a limited basis.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$10,953	\$67,604	\$0	\$78,557
Central Area Agency on Aging	II	\$34,490	\$176,556	\$0	\$211,046
Eastern Agency on Aging	Ш	\$28,633	\$125,195	\$0	\$153,828
SeniorsPlus	I	\$18,442	\$105,571	\$0	\$124,013
Southern Maine Area Agency on Aging	I	\$30,220	\$186,527	\$0	\$216,747
Total		\$122,738	\$661,453	\$0	\$784,191

## **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$340,760	43.5%	\$0
Region II	500,745	39.3%	\$211,046	26.9%	\$166,167
Region III	321,824	25.2%	\$232,385	29.6%	\$10,046
Total	1,274,923	100%		100%	. ,

#### **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over. The area agencies on aging then establish service priorities based on a regional needs assessment and an area plan approved by the Bureau.

#### **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### **Area Agency on Aging – Legal Assistance**

The Older Americans Act requires each area agency on aging to allocate funds to support legal services for older people. Services include legal advice and counseling, assessment of client's legal needs and position, drafting of documents, negotiation and advocacy, representation in court and other public bodies, and public education on legal matters. Services are provided at no cost to the client; contributions may be requested.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$0	\$15,000	\$0	\$15,000
Central Area Agency on Aging	II	\$0	\$41,192	\$0	\$41,192
Eastern Agency on Aging	III	\$3,378	\$30,924	\$0	\$34,302
SeniorsPlus	I	\$0	\$24,931	\$0	\$24,931
Southern Maine Area Agency on Aging	I	\$0	\$45,200	\$0	\$45,200
Total		\$3,378	\$157,247	\$0	\$160,625

## **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$70,131	43.7%	\$0
Region II	500,745	39.3%	\$41,192	25.6%	\$36,441
Region III	,	25.2%			
Total	1,274,923	100%			

#### **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over. The area agencies on aging then establish service priorities based on a regional needs assessment and an area plan approved by the Bureau.

#### **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### Area Agency on Aging - Nutrition

The program provides meals served in a group setting or delivered to a person's home if he/she is homebound because of impairment or illness or is isolated. Most eligible individuals are age 60 or older. Each meal provides at least 1/3 of the current recommended dietary allowance. Title III-C of the Older Americans Act, state and local match, and client contributions are the main sources of funds supporting nutrition programs.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$48,967	\$374,827	\$0	\$423,794
Central Area Agency on Aging	II	\$51,496	\$847,603	\$0	\$899,099
Eastern Agency on Aging	III	\$84,223	\$757,992	\$0	\$842,215
SeniorsPlus	I	\$33,200	\$557,796	\$0	\$590,996
Southern Maine Area Agency on Aging	I	\$54,404	\$1,026,232	\$0	\$1,080,636
Total		\$272,290	\$3,564,450	\$0	\$3,836,740

## **Regional Allocations:**

Region	2000 Population		SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$1,671,632	43.6%	\$107,863
Region II	500,745	39.3%	\$899,099	23.4%	\$1,070,759
Region III	321,824	25.2%	\$1,266,009	33.0%	\$0
Total	1,274,923	100%	\$3,836,740	100%	\$1,178,622

#### **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over. The area agencies on aging then establish service priorities based on a regional needs assessment and an area plan approved by the Bureau.

#### **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### Area Agency on Aging – State Alzheimer's Respite

The Bureau allocates State Alzheimer's Respite Funds to area agencies on aging to provide respite for caregivers of people with Alzheimer's or related disorders. Respite care includes adult day services, in-home services (e.g. supervision, PCA, home health aide), or short-term stays in nursing homes or residential care facilities. Funds may also be used on a limited basis for home modifications to facilitate caregiving.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$38,221	\$0	\$0	\$38,221
Central Area Agency on Aging	II	\$144,079	\$0	\$0	\$144,079
Eastern Agency on Aging	III	\$103,341	\$16,000	\$0	\$119,341
SeniorsPlus	I	\$83,405	\$8,257	\$0	\$91,662
Southern Maine Area Agency on Aging	I	\$136,316	\$0	\$0	\$136,316
Total		\$505,362	\$24,257	\$0	\$529,619

## **Regional Allocations:**

Region	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$227,978	43.0%	\$0
Region II	500,745	39.3%	\$144,079	27.2%	\$108,287
Region III	321,824	25.2%	\$157,562	29.8%	\$4,631
Total	1,274,923	100%	\$529,619	100%	\$112,918

#### **Funding Schemer:**

State Alzheimer's Respite funds are distributed to the five area agencies on aging using the Long Term Care Funding Formula. This formula is based on the number of persons in each region age 65+, age 65+ with a mobility or self-care limitation, and age 65+ with income below the Federal poverty level. The Long Term Care Funding Formula allows 28% for Region I, 28.5% for Region II, and 43.5% for Region III.

#### **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## **Area Agency on Aging – Transportation**

Transportation services include the provision of or arrangement for transportation of older people to meal sites, medical appointments, adult day service programs, shopping, or for socialization activities as the availability of funds permits. Services may be provided on a demand response or fixed route basis, by subcontracted agency vehicles or volunteer drivers. Transportation programs using Title III funds from the Older Americans Act may not charge a fee to persons 60 and older. However, providers are encouraged to actively solicit contributions from elderly riders, for part or all of the regular charge to other clients.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	Ш	\$0	\$14,000	\$0	\$14,000
Eastern Agency on Aging	Ш	\$129	\$15,000	\$0	\$15,129
Southern Maine Area Agency on Aging	I	\$0	\$50,848	\$0	\$50,848
Total		\$129	\$79,848	\$0	\$79,977

#### **Regional Allocations:**

Region	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Pagion I	452.254	35.5%	\$50,848	63.6%	\$0
Region I Region II	452,354 500,745	39.3%	· ,	0.0%	·
Region III	321,824	25.2%	\$29,129	36.4%	\$7,046
Total	1,274,923	100%			. ,

#### **Funding Schemer:**

The Older Americans Act requires that funds be distributed to the five area agencies on aging using an Intrastate Funding Formula, approved by the Administration on Aging. This formula is based on the number of: (1) minorities, (2) low income, (3) non-English speaking, (4) difficulty with daily tasks, and (5) population age 60 and over. The area agencies on aging then establish service priorities based on a regional needs assessment and an area plan approved by the Bureau.

#### **Outstanding Service Needs:**

For two years, the Legislature directed the Department of Health Human Services to allot \$50,000 to funding transportation for medical needs. During those two years, the area agencies on aging were able to increase the transportation provided to elders who had difficulties getting to their doctor's office or going to the pharmacist to fill needed prescriptions. That money is no longer available, but the need for transportation continues to grow as the aging population grows. State funds totaling \$50,000 would be needed to continue to provide transportation for medical needs for elders not eligible to receive transportation assistance through MaineCare.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.
- \*New/outstanding Needs: It is recommended that new funding be allocated to address outstanding needs.

## **Bureau of Elder and Adult Services**

#### **Assisted Housing Programs**

This service area includes the Independent Housing with Services program. Services are provided to people who are assessed to be functionally impaired and unable to live independently in the absence of certain essential supportive services. These services include care management and the following as identified in each client's plan of care: meals, housekeeping, chore assistance, home health care, personal care assistance, medication administration, nursing service, and transportation. These services are delivered at housing sites that participate in the program; they are intended to assist the tenants to manage their activities of daily living and remain in their apartments rather than moving to a more restrictive setting.

In previous years, this service area also included the Assisted Living program. An additional four agencies are providing these Assisted Living program services on a fee-for-service basis, as funding permits. However, since most Assisted Living consumers are Medicaid eligible their services will now be reimbursed by MaineCare. The State Assisted Living program funds are used as match for MaineCare, and so are not encumbered or included in this report.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$60,614	\$0	\$0	\$60,614
Bar Harbor Housing Authority	III	\$42,683	\$0	\$0	\$42,683
Brunswick Housing Authority	II	\$34,290	\$0	\$0	\$34,290
Central Area Agency on Aging	II	\$22,702	\$0	\$0	\$22,702
Eastern Agency on Aging	Ш	\$35,769	\$0	\$0	\$35,769
Methodist Conference Home	I	\$9,000	\$0	\$0	\$9,000
SeniorsPlus	I	\$88,429	\$0	\$0	\$88,429
Southern Maine Area Agency on Aging	ı	\$310,256	\$0	\$0	\$310,256
Westbrook Housing Authority	I	\$22,000	\$0	\$0	\$22,000
Total		\$625,743	\$0	\$0	\$625,743

#### **Regional Allocations:**

	2000	Population	SFY2005		Funds Needed
Region	Population	Ratios	Funding	Funding Ratios	to Equalize
Region I	452,354	35.5%	\$429,685	68.7%	\$0
Region II	500,745	39.3%	\$56,992	9.1%	\$418,659
Region III	321,824	25.2%	\$139,066	22.2%	\$166,630
Total	1,274,923	100%	\$625,743	100%	\$585,289

#### **Funding Schemer:**

Assisted Housing Program funds are not distributed on a formula basis. New and expanded Assisted Housing Program funds are distributed based on a Request for Proposal process.

# **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## **Home Care Coordination & In-Home Support Services**

Home care coordination services are provided by Elder Independence of Maine, a division of SeniorsPlus, which was selected through an RFP process. (An RFP for this service was issued again in January 2001.) The Home Care Coordination Agency (HCCA) contracts with individual service providers, monitors the delivery and quality of services provided, manages the funding sources, and assures compliance with both Federal and State policy. Upon receipt of the assessment and care plan from the Assessing Services Agency, currently GHS Data Management, the HCCA makes contact with the consumer to implement the plan of care and monitor consumer satisfaction with the plan and whether it meets the needs identified in the assessment.

In-home and community support services are arranged for or purchased by the EIM in accordance with an individual plan of care established for each consumer by the assessing services agency. Services are purchased only from vendors or providers who meet state licensing, and where applicable, certification requirements as outlined in relevant statutes. Services that may be purchased include: home health services, personal care services, homemaker and housekeeping, care management, respite care, adult day care, transportation, adaptive devices and other appropriate goods and services identified as necessary in care plans and as permitted by the regulations of the funding sources. There are several funding options available to pay for direct services. The major support is from the State Home Based Care Program, a Medicaid waiver for the elderly and adults with disabilities, and the MaineCare program.

Agency	Region	State	Federal	Other	Total
SeniorsPlus	Statewide	\$8,637,739	\$0	\$0	\$8,637,739
Total		\$8,637,739	\$0	\$0	\$8,637,739

## **Funding Schemer:**

Home Care Coordination and In-home Support Services are provided statewide by SeniorsPlus and are excluded from Regional Analysis. These funds are not distributed on a formula basis. In addition to the contracted funds listed, this service area will also generate a projected \$27,845,577 in MaineCare reimbursement, from the waiver for the elderly and adults with disabilities and the Private Duty Nursing option under the State MaineCare Plan. Since these funds are reimbursed rather than contracted, they are not included in this report.

#### **Outstanding Service Needs:**

With the increasing older population, the need for in-home support services continues to grow. Waiting lists for services occur regularly. Many parts of the state continue to experience serious problems in finding and retaining in-home care providers despite slight increases provided by the Legislature in the past two years. The current budget situation has resulted in rate reductions across the board for providers. This, coupled with reductions in funds available for services, has

placed an even greater burden on finding and retaining in-home care providers. Travel costs have escalated with the gas situation and direct care workers are expected to drive to consumers' homes to work even fewer hours. Funding Required: a restoration of \$2,500,000 funds deappropriated

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.
- \*New/outstanding needs: It is recommended that new funding be allocated to address outstanding needs.

#### **Bureau of Elder and Adult Services**

#### **Homemaker Services**

In-home services or activities provided to individuals or families to assist with household activities that improve or maintain adequate well-being. Major service components include homemaker services, chore services, home maintenance services, and household management services. Services may include assistance with housekeeping, meal planning/preparation, laundry, errands, bill paying, and grocery shopping. Adult protective and guardianship clients receive first priority for these services. As a result of a Request for Proposal issued in 2001, the Bureau contracts with two agencies to provide homemaker services throughout the state. Please note that these services are separate from those provided to Home Care Coordination/In-home Support Services clients.

Agency	Region	State	Federal	Other	Total
Aroostook Home Health Services	III	\$527,875	\$0	\$0	\$527,875
Home Resources Maine	Statewide	\$1,844,595	\$0	\$0	\$1,844,595
Total		\$2,372,470	\$0	\$0	\$2,372,470

## **Regional Allocations:**

	2000		SFY2005		Funds Needed
Region	Population	Ratios	Funding	Funding Ratios	to Equalize
Region I	452,354	35.5%	\$0	0.0%	\$741,978
Region II	500,745	39.3%	\$0	0.0%	\$821,352
Region III	321,824	25.2%	\$527,875	100.0%	\$0
Total	1,274,923	100%	\$527,875	100%	\$1,563,330

<sup>\*</sup>Excludes statewide programs noted in allocation listing.

#### **Funding Schemer:**

The Bureau distributes these funds using the Long Term Care Formula. This formula is based on the number of persons in each region age 65+, age 65+ with a mobility or self-care limitation, and age 65+ with income below the Federal poverty level. The Long Term Care Funding Formula allows 28% for Region I, 28.5% for Region II, and 43.5% for Region III.

#### **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## **Legal Services**

Legal Services for the Elderly, Inc. (LSE), an independent non-profit organization, provides services to persons aged sixty and over by an attorney, paralegal, law student or other non-lawyer under the supervision of a practicing attorney. Services include legal advice and counseling; assessment of clients' legal needs; referrals; representation in court and before other public bodies; health insurance counseling and public education on legal matters. LSE maintains an attorney staffed statewide toll free hotline to give prompt legal assistance or appropriate referrals. Federal and state funds are awarded to and managed by a central office in Augusta. LSE has five area offices housed at area agencies on aging, and staff is assigned to give statewide coverage. In addition to the services supported directly by BEAS in this agreement, legal services are also supported by the area agencies on aging. (See AAA-Legal Services section of this report.)

Agency	Region	State	Federal	Other	Total
Legal Services for the Elderly, Inc.	Statewide	\$204,624	\$102,748	\$0	\$307,372
Total		\$204,624	\$102,748	\$0	\$307,372

## **Funding Schemer:**

Legal services are provided statewide and are excluded from Regional Analysis. These funds are not distributed on a formula basis.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### **Long Term Care - Assessing Services**

Since 1996, State law requires the Department to assess any applicant for nursing home admission. In addition, all consumers applying for MaineCare coverage of their nursing facilities benefits are required to be determined medically and financially eligible. As of August 2004, the program was expanded to include all long-term care programs such as the Home Based Care Program, MaineCare's Private Duty Nursing and Personal Care Services Program, admission to an Adult Family Care Home and medical eligibility determination for the Elderly Home and Community Based Services (waiver under the Federal Medicaid program), and two consumer directed MaineCare programs. Federal Medicaid funds reimburse for the assessment to access nursing facility level of care, and State funds support the pre-admission assessments for consumers not eligible for MaineCare funding.

The goals of the assessing services are to: simplify access to services; provide more information to consumers regarding options; promote greater consumer involvement in decisions regarding their care; assure more consistency in assessments and the application of policies and procedures statewide; and to maintain more resources for direct services. Currently, GHS, selected through an RFP in 2004, provides assessments and care plans statewide. A separate agency, known as the home care coordinating agency (HCCA, currently SeniorsPlus/Elder Independence of Maine), provides the coordination of in-home services and program management; care management is available only on an as needed basis. Each consumer is assessed, using a standardized assessment tool and a software application known as MECARE, to determine functional impairment, activities of daily living skills, social and family support system, physical and mental health, economic resources and other relevant data. Following the assessment, the assessing services agency forwards to the HCCA the program eligibility determination and recommended and authorized care plan.

Agency	Region	State	Federal	Other	Total
GHS Data Management	Statewide	\$1,819,654	\$1,116,890	\$0	\$2,936,544

<sup>\*</sup>Includes MaineCare funds reimbursed by Bureau of Medical Services

#### **Funding Schemer:**

LTC Assessing Services are provided statewide and are excluded from Regional Analysis. These funds are not distributed on a formula basis.

# **Recommended Funding Changes:**

\*Within existing funding: No change in funding is recommended within existing funding distribution.

\*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### Long Term Care - Ombudsman Program

The Long Term Care Ombudsman Program, an independent non-profit organization, investigates and resolves complaints made on behalf of consumers receiving long-term support in nursing homes, assisted living, and at home. Any person may ask for assistance from the Ombudsman Program, which receives complaints directly from residents, from friends and relatives, facility employees and administrators, and public agencies and community groups. They include complaints about the quality of care that a person receives, about violations of their rights, and about problems that consumers have regarding eligibility for state programs, financial status, and legal problems. The Ombudsman Program also provides training on resident rights and on federal and state regulations and identifies issues that may require legislative or regulatory changes. The program has a volunteer network to increase its visibility throughout the state. Volunteers are screened and receive intensive training.

Agency	Region	State	Federal	Other	Total
Long Term Care Ombudsman Program	Statewide	\$242,465	\$386,024	\$0	\$628,489

#### **Funding Schemer:**

The Older Americans Act requires the Bureau to provide at least the same amount of the State's Title IIIB (Social Services) as was provided in FFY 2000; however, these funds are not distributed on a formula basis. LTCOP services are provided statewide and are excluded from Regional Analysis.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.
- \*New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## **Senior Community Service Employment Program**

This training program provides funds to pay wages and some fringe benefits for part time training in community service organizations. Participants in the SCSEP help promote positive images about the older worker and aging by successfully demonstrating the value of older workers in the nation's work force. The individuals eligible to participate in the program must be below 125% of the Federal Poverty Level, age 55 or over, and able to train for 20 hours per week.

The Bureau of Elder and Adult Services' goal is to help all participants improve the quality of their lives by finding meaningful employment outside SCSEP. Participants are often hired by the subcontractors after demonstrating their skills and abilities during SCSEP training assignments. Some participants find jobs elsewhere in their local communities, while others start their own businesses. The funds in this program are mostly Federal Older Americans Act funds. In addition to this program sponsored by the Bureau of Elder and Adult Services, two national sponsors operate the SCSEP in Maine under grants with the US Department of Labor.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$0	\$69,295	\$0	\$69,295
Central Area Agency on Aging	II	\$0	\$75,595	\$0	\$75,595
Cumberland County Training Resource					
Center	I	\$0	\$232,148	\$0	\$232,148
Training and Development Corporation	II	\$0	\$81,895	\$0	\$81,895
Waldo Community Action Partners	II	\$0	\$81,894	\$0	\$81,894
Total		\$0	\$540,827	\$0	\$540,827

#### **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$232,148	42.9%	\$0
Region II	500,745	39.3%	\$239,384	44.3%	\$17,598
Region III	321,824	25.2%	\$69,295	12.8%	\$95,865
Total	1,274,923	100%			· ,

#### **Funding Schemer:**

The Older Americans Act and Federal regulations require that the Bureau and the two national sponsors operating SCSEP programs in Maine equitably distribute slots among the counties. This is done annually with the other two sponsors. The Bureau has authorized positions in all counties in Maine.

- \*Within existing funding: No change in funding is recommended within existing funding distribution.
- \*Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

## **Supportive Services for Adult Services Clients**

Supportive services for the Adult Services Clients include occupational therapy assessment and consultation, case aides, information specialist, accountant services, and consultant services for resource development and maintenance of the evidence file for the AMHI Consent Decree. The Bureau contracts for occupational therapist services that include assessments and consultations for the purpose of meeting the client's needs in the least restrictive setting. As a result of these services, BEAS staff are able to maximize client safety while ensuring individualized planning and client independence. The outcomes are measured in successful placements where the environment is designed to support the individual's changing needs.

Bureau staff relies on the services of contracted case aides to support the provision of services to the guardian/conservator and protective clients. Case aides also enable the staff to meet the requirements of the AMHI Consent Decree through monthly visits. Their tasks include activities such as providing transportation, reviewing facility charts, providing socialization, and help ensure the needs of the clients are met.

Bollus Lynch, LLP, Certified Public Accountants and Consultants, are under contract with the Bureau to provide Probate Court accountings on behalf of adults under Public Conservatorship. Consultant services are contracted to assist with resource development for those with brain injury, dementia, and difficult to place clients.

The Bureau is required by the AMHI Consent Decree to maintain an evidence file. A consultant is contracted to fulfill this requirement. The Bureau's Intake Unit also contracts for additional support in providing information. This service is a critical support to the unit's timely response to reports of abuse, neglect, and exploitation; there has been a substantial increase in the number of calls this unit receives.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$76,582	\$0	\$0	\$76,582
Eastern Agency on Aging	III	\$60,153	\$0	\$0	\$60,153
Occupational Therapy Consultation and Rehabilitation Services, Inc.	Statewide	\$64,500	\$0	\$0	\$64,500
SeniorsPlus	I	\$46,366	\$0	\$0	\$46,366
Southern Maine Area Agency on Aging	I	\$65,443	\$0	\$0	\$65,443
Total		\$313,044	\$0	\$0	\$313,044

## **Regional Allocations:**

	2000 Population	Population Ratios	SFY2005 Funding	Funding Ratios	Funds Needed to Equalize
Region I	452,354	35.5%	\$111,809	45.0%	\$80,385
Region II	500,745	39.3%	\$0	0.0%	\$212,754
Region III	321,824	25.2%	\$136,735	55.0%	\$0
Total	1,274,923	100%	\$248,544	100%	\$293,139

<sup>\*</sup>Excludes statewide programs noted in allocation listing.

# **Funding Schemer:**

Funds are distributed to regions according to formula. Resources purchased in various parts of the state may differ depending upon needs identified by regional staff.

## **Recommended Funding Changes:**

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.

#### **Bureau of Elder and Adult Services**

#### **Volunteer Services**

State volunteer service funds support Retired Senior Volunteer Programs, Foster Grandparent Programs, and a Senior Companion Program. These programs are funded mainly with Domestic Volunteer Services Act funds administered by the National Senior Service Corps of the Corporation for National and Community Service, a federal agency. These programs also rely on fund raising to meet their annual budgets; two agencies on aging include a portion of their Older Americans Act funds in support of their Volunteer Services programs.

The RSVP programs arrange a volunteer opportunity for people aged 55 and over to do volunteer work at a variety of non-profit agencies and healthcare facilities, whether nonprofit or proprietary. The RSVP program provides the volunteers with supervision, transportation, insurance, meals while in service and appropriate recognition. RSVP volunteers are people of any income level and they volunteer their services for the amount of time they decide on.

The Foster Grandparent Programs offer volunteer opportunities to low income elders as does the Senior Companion Program. The volunteers in these programs receive a \$2.65 per hour stipend and they must volunteer for an average of 20 hours per week. Foster Grandparents are placed in sites to work with special and exceptional needs children and youth. Typical sites for Foster Grandparents include the Head Start, Child Development Centers, classrooms for learning disabled children, and pediatric wards in hospitals, to name a few.

Senior Companions are assigned to adults who need assistance with special care plans. A site for a Senior Companion might be a Congregate Housing Service Program site, health clinics, the homes of frail elders, and other similar sites.

Agency	Region	State	Federal	Other	Total
Aroostook Area Agency on Aging	III	\$15,000	\$0	\$0	\$15,000
Coastal Community Action Program	II	\$15,000	\$0	\$0	\$15,000
Eastern Agency on Aging	III	\$6,627	\$25,443	\$0	\$32,070
HealthReach Network	II	\$15,000	\$0	\$0	\$15,000
Penquis Community Action Program	Ш	\$15,000	\$0	\$0	\$15,000
People's Regional Opportunity Program	I	\$15,000	\$0	\$0	\$15,000
Southern Maine Area Agency on Aging	I	\$31,000	\$24,849	\$0	\$55,849
University of Maine Center on Aging	III	\$15,000	\$0	\$0	\$15,000
University of Maine Cooperative Extension	III	\$15,000	\$0	\$0	\$15,000
Total		\$142,627	\$50,292	\$0	\$192,919

# **Regional Allocations:**

	2000	Population	SFY2005		Funds Needed
Region	Population	Ratios	Funding	Funding Ratios	to Equalize
Region I	452,354	35.5%	\$70,849	36.7%	\$58,564
Region II	500,745	39.3%	\$30,000	15.6%	\$113,257
Region III	321,824	25.2%	\$92,070	47.7%	\$0
Total	1,274,923	100%	\$192,919	100%	\$171,821

# **Funding Schemer:**

Volunteer Services funds are not distributed on a formula basis.

<sup>\*</sup>Within existing funding: No change in funding is recommended within existing funding distribution.

<sup>\*</sup>Equalization of regional funding: No change in funding is presently recommended solely to equalize regional allocations.

<sup>\*</sup>New/outstanding needs: No additional funding is requested within this service area.